

## Lenten Paper Chain Resource – Week One

You are invited to light a candle while you consider the ‘link’ for each new day.

Then you may wish to read the prayer for the week before adding the link to your growing Lenten chain.

### Prayer for the week:

Thank you God, for the light and energy that we use every day.

May all countries act swiftly to reduce energy use and combat climate change.

Help us to make small differences where we can.

Amen

1/3	In the beginning... darkness covered the face of the deep... Then God said, “Let there be light”; and there was light. Genesis 1: 1-3
2/3	Notice light around you: e.g. sunlight, lightbulb, candle. What difference does light make to our lives?
3/3	Spring is on the way and we look forward to the longer days! For now – try turning off the lights when you leave a room today. Small Action = Big change
4/3	Walking or cycling – rather than driving – are good for our health and environment. Can you make one extra journey on foot, bike or scooter today? How does it feel to walk in the light?
5/3	Let your light shine! Jesus calls us to share his light with the world. Can you suggest ways your family or church could take better care of creation?
6/3	Wow! Almost a billion (1000,000,000!) more people have electricity at home than 10 years ago. Give thanks for light and warmth at home.
7/3	Help those bringing hope: Have a look at Christian Aid or Tearfund websites. How they help to bring light to the wider world?

A resource for each week will be available at the back of church or on the website.

For more extensive daily reflections please refer to:

#LIVELENT: Care for God’s Creation: A 40 day challenge.

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