

Lenten Paper Chain Resource – Week Four

You are invited to light a candle while you consider the ‘link’ for each new day.

Then you may wish to read the prayer for the week before adding the link to your growing Lenten chain.

Prayer for the week:

God of heaven, help us to know your loving presence with us through day and night,
And in every season of our lives.

Amen

22/3	Stars and seasons: Psalm 104:1-4, 19-23 You have made the moon to mark the seasons; the sun knows its time for setting. You make darkness, and it is night, when all the animals of the forest come creeping out.
23/3	The movement of the sun, moon and stars divide our time into patterns of day and night, seasons and years. Today try marking the beginning and end of your day with a prayer – ask God to bless this day as it begins and give thanks for treasured moments before bed.
24/3	Gaze at the night sky tonight: Spend some time tonight (or on the next clear night) enjoying the wonder and beauty of the night sky. What planets or constellations might you see?
25/3	Praise God for the wonder of creation:
26/3	Notice the changing season What signs of spring do you notice today? Think of things you enjoy about the different seasons and festival of the year. Thank you God for those special moments!
27/3	God called the light “day,” and the darkness he called “night.” (Genesis 1:5) Why is darkness good? Have a look online to see why dark skies are so important to many animals.
28/3	Plant some seeds or seedlings this weekend. Notice how they respond to night and day over the coming weeks of spring.

A resource for each week will be available on the website.

For more extensive daily reflections please refer to:

#LIVELENT: Care for God’s Creation: A 40 day challenge.

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